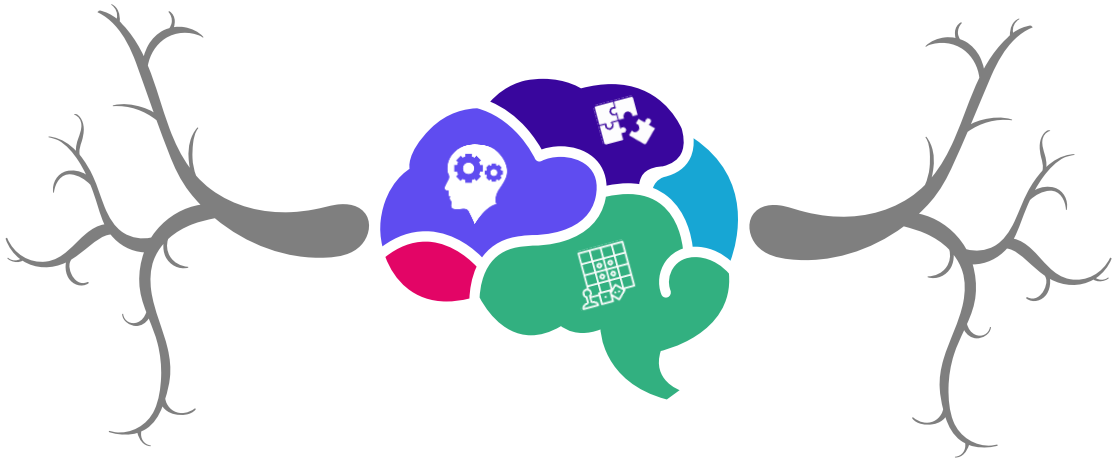
COOLIOOS
DELIVERING SMILES

BENEFITS OF BRAIN TEASERS, BOARD GAMES & PUZZLES

- Lower stress levels
- Improves memory
- Meditative benefits
- Improves motor skills
- Improves your visual-spatial reasoning
- Dementia and Alzheimer's
- Improved mood



- Harnesses brain power
- Improves our vocabulary as well as our language
- Research, spelling skills
- Increases attention to detail
- Increases productivity
- Improve relationships with family and friends & their abilities to cooperate to finish a task
- Improves Perseverance and resilience